

Arlington Boys & Girls Club Swim Team

The swim team meets on Tuesday, Wednesday and Thursday evenings from the end of September until mid February. Ages 6-10 practice from 5:15-6:15 PM and ages 11-17 practice from 6:00-7:15 PM. We ask that swimmers attend 2 practices per week. Children wishing to join should be able to swim at least 2 lengths of the pool non-stop. Goggles make swimming easier.

Swim meets are held on Friday evenings or Saturdays beginning late October through early February. There is usually 12 meets per season. We try to balance home and away meets. The farthest we travel is to Worcester, Taunton and Nashua. Meets can last up to 3-4 hours.

Team membership is capped at 125 participants. There are no try-outs, membership is by lottery. The swim team is led by volunteers, some with up to 26 years of coaching experience.